## What is claimed is:

1. A prepackaged mounting assembly for securing a fixture of the type having a connection member and apertures therein to an overhead support comprising:

an electrical junction box including a top wall having a top surface and a bottom surface;

said top wall including a downward extending peripheral side wall having a bottom edge and defining an interior volume;

a first opening in said electrical junction box extending from said bottom surface;
a first fastener frictionally engaged in said first opening for temporary storage of
said first fastener with said electrical junction box prior to installation;

apertures in said top wall;

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integral extensions on said side wall extending into said interior volume, said integral extensions including apertures in vertical alignment with said apertures in said top wall;

a second opening in said electrical junction box extending from said bottom surface; and

an initial fastener frictionally engaged in said second opening, said initial fastener extending no further than said top surface of said electrical junction box

whereby said top surface of said electrical junction box is placed against said overhead support, said initial fastener in said second opening is tightened into said overhead support thereby initially securing said electrical junction box to said support and positioning said bottom edge of said side wall in a horizontal plane, said apertures in said connection member are aligned with said apertures in said integral extensions of said

electrical junction box, thereby allowing said first fastener to be removed from said first opening and moved to and driven through said apertures in said connection member, said apertures in said integral extensions, said apertures in said top wall, and into said overhead support to secure said fixture to said support.

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- 2. The prepackaged mounting assembly of claim 1 wherein said apertures in said top wall and said apertures in said integral extensions are adjacent said peripheral side wall.
- 3. The prepackaged mounting assembly of claim 2 wherein said first fastener is of a first width, said aperture in said integral extension is of a second width, and said aperture in said top wall is of a third width.
  - 4. The prepackaged mounting assembly of claim 3 wherein said first width of said first fastener is less than or equal to said second width of said aperture in said integral extension.
  - 5. The prepackaged mounting assembly of claim 4 wherein said first width of said first fastener is less than or equal to said third width of said aperture in said top wall.
- 6. The prepackaged mounting assembly of claim 5 wherein said first width of said first fastener, said second width of said aperture in said integral extension, and said third width of said aperture in said top wall enable said first fastener to be driven through said apertures with minimal contact between said first fastener and said aperture in said top

wall and said aperture in said integral extension, thereby forcing all of the suspended load to be supported by said overhead support.

7. The prepackaged mounting assembly of claim 1 wherein said electrical junction box is constructed of metal.

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- 8. The prepackaged mounting assembly of claim 7 wherein said electrical junction box is constructed of galvanized steel.
- 9. The prepackaged mounting assembly of claim 7 wherein said electrical junction box is constructed of zinc plated 1010 steel.
  - 10. The prepackaged mounting assembly of claim 7 wherein said metal is between 0.50 and 0.090 inch in thickness.
  - 11. The prepackaged mounting assembly of claim 1 wherein said top wall includes offset areas that are capable of being knocked out to form openings in said top wall for entry of electrical cable.
- 12. The prepackaged mounting assembly of claim 1 wherein said first opening includes a peripheral wall extending downward from said bottom surface of said top wall.

- 13. The prepackaged mounting assembly of claim 12 wherein said peripheral wall of said first opening includes a smooth inner surface.
- 14. The prepackaged mounting assembly of claim 13 wherein said first fastener is a selfthreading screw.
  - 15. The prepackaged mounting assembly of claim 1 wherein said bottom edge of said peripheral side wall is circular.
- 16. The prepackaged mounting assembly of claim 15 wherein said circular peripheral side wall includes an outer diameter between 3.25 and 5.25 inches.
  - 17. The prepackaged mounting assembly of claim 16 wherein said interior volume is between 5.0 and 20.0 cubic inches.

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further than said plane.

18. The prepackaged mounting assembly of claim 1 wherein
said bottom edge of said downward extending peripheral wall reside in a plane;
said first fasteners include a point end and a head end;
said point ends extend upward from said top surface of said top wall; and
said head ends extend downward from said bottom surface of said top wall no

19. A method of attaching a fixture of the type having a connection member and apertures therein to an overhead support comprising:

providing a metallic electrical junction box including a top wall having a top surface and a bottom surface;

providing a peripheral side wall extending downward from said top wall and having a planar bottom edge and defining an interior volume;

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providing a first opening in said electrical junction box extending from said bottom surface;

providing a first fastener frictionally engaged in said first opening for temporary storage of said first fastener with said electrical junction box prior to installation;

providing integral extensions on said side wall extending into said interior volume, said integral extensions including apertures in vertical alignment with said apertures in said top wall;

providing apertures in said top wall;

providing a second opening in said electrical junction box extending from said bottom surface;

providing an initial fastener frictionally engaged in said second opening, said initial fastener extending no further than said top surface of said electrical junction box providing a knockout area in said top wall;

placing said prepackaged mounting assembly against said overhead support such that said apertures in said top wall are against said overhead support;

securing said electrical box to said overhead support by rotating said initial fastener into said overhead support;

removing said knockout area from said top wall to form a cable opening; removing said first fastener from said first opening;

installing electrical cable including wiring leads through said cable opening into said interior volume;

connecting said wiring leads to said fixture;

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aligning said apertures of said connection member of said fixture with said apertures in said integral extensions;

securing said fixture to said overhead support by installing said first fasteners through said apertures in said integral extensions, through said apertures in said top wall, and into said overhead support.